A gerund is the -ing from of a verb used as a noun. You can use a gerund as the object of a preposition.

A. First, take the quiz below. (It’s just for fun.)

Are you a chocoholic—a person who LOVES chocolate? Do you…

• dream about eating chocolate?
• look forward to having chocolate every day?
• have recipes for baking with chocolate?
• never get tired of thinking about chocolate?
• have to stop yourself from eating too much chocolate?
• sometimes get angry at someone for taking your chocolate?
• worry about gaining weight because you eat a lot of chocolate?

If you answered yes to most of the questions, you are a chocoholic!

B. Read the sentences in the “chocolate quiz” again. The words that are underlined are gerunds. Notice that every gerund follows a preposition.

C. Complete each sentence below with a gerund.

1. We don’t have time to cook tonight. Let’s order a pizza instead of ________________ dinner.

2. Tomorrow I’m going to see friends I haven’t seen for a long time. I’m looking forward to ________________ them.

3. On Saturday he’s going to meet his girlfriend’s parents for the first time. He’s nervous about ________________ them.

4. They don’t want to paint the living room. They’re really bad at ________________.

5. You’ll meet a lot of new people at the party, and you can’t remember all of their names. So don’t worry about ________________ every name.
6. I like to learn how to do new things on a computer. I’m interested in _________________ how to design a web page.

7. He lied about his age on the application. What was his reason for _________________?

8. He works part-time at a gas station, in addition to _________________ full-time at a supermarket.

9. It’s not hard for me to get up at 6 AM. I’m used to _________________ up early.

10. Her friends helped her move into her new apartment. She thanked them many times for _________________ her move.

11. We were 20 minutes late for the meeting. When we arrived, we apologized for _________________ late.

12. She broke his heart when she told him she wouldn’t marry him. Many years later, she told him she was sorry for _________________ his heart.

Answers:
1. cooking OR making
2. seeing
3. meeting
4. painting
5. remembering
6. learning
7. lying
8. working
9. getting
10. helping
11. being
12. breaking